



***ACT Fire & Rescue***

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***Community Fire Units***

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***Training Activities Guide (2017)***

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Version 1.1

# Contents:

Introduction: ..... 3

Safe Work Practices: ..... 3

CFU Training Activities (Drills): ..... 4

CFU Safety checklist: ..... 6



## Introduction:

This is a guide to acceptable *CFU Training Activities* for Team Leaders.

To maintain operational membership, all CFU members are required to participate in at least one (1) of the following activities annually:

- CFU Induction (new members) and refresher training at ESA Training Centre, Hume
- CFU Training with an ACTF&R operational Pumper crews
- CFU Training within their Unit and/or with another CFU.

## Safe Work Practices:

Personal Protective Clothing (PPC):

- All CFU members when participating in these drills will wear their issued PPC
- See CFU Safety Checklist at the end of this document.



*Communications:* Part of good communications is to ensure all members understand their roles and are capable of performing them. The buddy system is always used to ensure people work together and are safe.

*Hydration:* All CFU recruits and members participating in these drills should be aware of the need to constantly drink water when undertaking these drills.

*Restoring Operational Capability:* At the completion of any drill session, all CFU Equipment must be made available for the next activation.

*How to use this guide:*

Before commencing any drills, please review the safety checklist on page 6. This checklist will help you to ensure all reasonable measures are taken to keep your training area and participant's safe.

Record who attended the drills in your occurrence book and/or the CFU app.

As Team Leader you are required to submit a training activity record of your *CFU Training Activities* in September of each year.

## CFU Training Activities (Drills):

The following drills are based around the CFU standard deployment procedures as found in the document "CFU Team Leaders (2015)":

1. Identify equipment in the trailer
2. Basic wet hose drill
3. Breeching drill and damage hose replacement
4. Static water supply pumping
5. Team Leaders Communications with Comcen

Also refer to CFU Induction Booklet (Chapters 2&3) found in the documents page,

**Note:** Benelec radios and hand signal will be used during the drills.

- Team Leader are to select the appropriate radio channel and test before drills
- Hand signals to be used during the drills
- CAN reports should be requested by Team Leader throughout the drill.

**Drill One** – CFU members are to identify all components in their trailer (as per inventory).

**Drill Two** – Basic WET hose drill:

- Ship a standpipe
- Bowl & roll a 38mm hose
- Connect 1x length of 38mm hose to the standpipe and connect both hoses together
- Connect a branch to the 38mm hose (Turned off)
- Demonstrate the correct hand signals – water ON / OFF
- Use Benelec radios for communications where appropriate
- Turn water on to hose (WET)
- Perform tasks as a team and work in pairs
- Make up equipment

**Drill Three** – Breeching drill & damaged hose replacement:

- Ship a standpipe
- Connect a 38mm gated breech to the stand pipe
- Bowl & roll 38mm hose
- Connect 1x length of 38mm hose to the standpipe and connect both hoses together
- Connect a branch to the 38mm hose (Turned off)
- Demonstrate the correct hand signals – water ON / OFF
- Use Benelec radios for communications where appropriate
- Turn water on to hose (WET)
- Perform tasks as a team and work in pairs
- Make up equipment

**Drill Four** – Static water supply pumping:

- Identify various components of a Petrol pump and carry out checks
- Start the petrol pump
- Set-up petrol pump for suction pumping at an appropriate static water supply
- Connect 2x lengths of 38mm suction hose together, attach the strainer and then connect the hoses to the collector of the petrol pump ready for pumping
- Prime the pump (with a bucket)
- Bowl & roll 38mm hose
- Connect 1x length of 38mm hose to the pump delivery
- Connect a branch to the 38mm hose (Turned off)
- Demonstrate the correct hand signals – water/pump ON / OFF
- Use Benelec radios for communications where appropriate
- Familiarisation of the knapsack
- Make up equipment

**Drill Five** – Team Leaders Communications with Comcen:

- Contact SO Comcen on 62004122 to request monitoring channel 5
- Send messages to Comcen on Motorola radio (see Team Leader doc.)

**Note:** Team Leaders can select three or more of the above drills and can add a scenario that best suits their CFU, so long as the basic skills are practice.

**CFU Safety checklist:**

Consider external factors	<p>Weather conditions</p> <ul style="list-style-type: none"> <li>• TOBANS</li> <li>• Inclement</li> <li>• Catastrophic</li> <li>• Operational impact</li> <li>• Community impact</li> </ul>
Environmental	<ul style="list-style-type: none"> <li>• Water recycling</li> <li>• Run off</li> </ul>
Safety (WH&S)	<ul style="list-style-type: none"> <li>• Risk assessments (Pre-Training Activity Safety Brief)</li> <li>• Dynamic risk assessments</li> <li>• Carry out a debrief on completion</li> </ul>
Clean up	<ul style="list-style-type: none"> <li>• Clean up drill area</li> <li>• Return all appliances to operational capability</li> </ul>
Reporting (if applicable)	<ul style="list-style-type: none"> <li>• Notify CFU and neighbours</li> <li>• Other CFU's</li> <li>• Nearest ACTF&amp;R station</li> <li>• COMCEN</li> <li>• CFU coordinator</li> </ul>