

# GUIDE TO MENTAL HEALTH STATUS ASSESSMENT



<b>APPEARANCE</b>	<ul style="list-style-type: none"> <li>• grooming</li> <li>• posture</li> <li>• build</li> <li>• clothing</li> <li>• cleanliness</li> </ul>
<b>BEHAVIOUR</b>	<ul style="list-style-type: none"> <li>• eye contact</li> <li>• mannerisms</li> <li>• gait</li> <li>• activity level</li> </ul>
<b>SPEECH</b>	<ul style="list-style-type: none"> <li>• rate</li> <li>• volume</li> <li>• pitch</li> <li>• tone</li> <li>• flow</li> <li>• pressure</li> </ul>
<b>MOOD</b>	Emotion as <b>described</b> : <ul style="list-style-type: none"> <li>• anxious</li> <li>• depressed</li> <li>• cheerful</li> </ul>
<b>AFFECT</b>	Emotion as <b>observed</b> : <ul style="list-style-type: none"> <li>• restrictive</li> <li>• blunted</li> <li>• labile</li> </ul>
<b>THOUGHT FORM</b>	<ul style="list-style-type: none"> <li>• amount</li> <li>• rate</li> <li>• derailment</li> <li>• flight of ideas</li> </ul>
<b>THOUGHT CONTENT</b>	<ul style="list-style-type: none"> <li>• disturbance</li> <li>• delusions</li> <li>• suicidal</li> <li>• obsessions</li> </ul>
<b>PERCEPTION</b>	<ul style="list-style-type: none"> <li>• illusions</li> <li>• thought insertion / broadcasting</li> <li>• hallucinations (<i>auditory, olfactory, tactile, visual or gustatory</i>)</li> </ul>
<b>INSIGHT &amp; JUDGEMENT</b>	<ul style="list-style-type: none"> <li>• cognition</li> <li>• understanding of illness, its causes and effect</li> </ul>