

Be Emergency Ready by packing the essentials

SURVIVAL PLAN

EMERGENCY KIT

Having a Emergency Kit will ensure you are prepared for any emergency.

A Emergency Kit is a crucial element of survival during and after an emergency. Get together with your household or your personal support network to make a list of what you will need. Chances are you already have many of the necessary items in your home.

Keep this handy checklist on the fridge until your kit is complete!

Suggested survival items:

Light



TIP!

- Don't leave batteries in the torch, and check them every six months.
- Consider wind-up torches that don't need batteries.

Cash



TIP!

- ATMs and banks may not be operating in the early stages of any emergency.
- Having some cash will help meet basic and urgent needs.

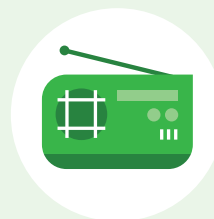
Water



TIP!

- Never drink tap water after an emergency until authorities have advised it is safe.
- Water can be stored for up to 12 months in airtight containers. Label when water was last changed.

Radio (battery-powered)



TIP!

- Radio is often the best source of information in an emergency.
- Mark on the dial the frequencies of your Local Radio and other local services.
- Select a radio that is battery-powered and doesn't rely on electricity.

ACT Ambulance Service, ACT Fire & Rescue, ACT Rural Fire Service and the ACT State Emergency Service work together as the ACT Emergency Services Agency to keep Canberra safe.

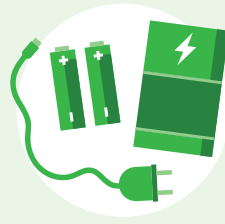
First Aid Kit



TIP!

- As well as buying a household or car first aid kit, it's also a good idea to do first aid training.

Chargers



TIP!

- Have a charger or charged battery pack for your phone.
- Also consider, keeping an older landline phone that is not reliant on power—your telephone exchange may still operate even if the power is out.

Protective clothing / blankets



TIP!

- Consider clothes with long sleeves and pants that are made from natural fibres and keep seasons in mind.
- Try to pack sturdy shoes or boots and heavy-duty gloves.
- Remember sunscreen, insect repellent, and wide-brimmed hats.

Toiletries



TIP!

- Having toiletries can help keep you refreshed and give you a sense of routine—even when you are unable to wash or shower.

Special medical supplies or equipment



TIP!

- Consider what medications or supplies you might need and include these
- Create a list with their title, dosage and copies of your prescriptions.

TAKE YOUR MEDICINE

Medical needs are an important consideration for everyone when packing your Emergency Kit.

Plan to have 14 days worth of any medications you might need.

Food



TIP!

- Remember the needs of everyone in your household, including babies, children and pets.
- If staying home, you will need long shelf-life items that are easy to prepare.

Pet essentials



TIP!

- Factor your pet into water needs, and make sure your dog or cat is registered and microchipped.



- ✓ Most of the things you need will be at a supermarket or hardware store.
- ✓ Remember you may already have useful items around the home, such as camping equipment.

Suggested recovery items:

Scans or photocopies of important documents



TIP!

- Check functionality of USBs or storage devices regularly.
- Use waterproof or fireproof containers if necessary.
- It's a good idea to have a back-up copy of documents securely stored in an alternative place to home, perhaps in a locked drawer at work, with a family member, or stored in the cloud.

IMPORTANT DOCUMENT TO CONSIDER:

- | | |
|--|---|
| <input type="checkbox"/> Passports | <input type="checkbox"/> Mortgage papers |
| <input type="checkbox"/> Wills | <input type="checkbox"/> Insurance papers |
| <input type="checkbox"/> Driver's licenses | <input type="checkbox"/> Prescriptions |
| <input type="checkbox"/> Marriage and birth certificates | <input type="checkbox"/> Medical histories |
| <input type="checkbox"/> Land titles | <input type="checkbox"/> Child immunisation books |

Your Survival Plan



TIP!

- Keep a copy of your Survival Plan. Your plan should include important contact information, medical plans and insurances.

Photographs of valuable household items



TIP!

- Photos will help in the case you need to describe items to your insurance company.

Copies of videos and photos



TIP!

- Having a back up of your videos and photos in the cloud can save on physical space and lets you access them anytime/ anywhere.



- Make sure valuable items are stored well above ground level, or use waterproof containers.
- Store your scans or copies so that they can be grabbed quickly and easily if you have to leave.
- The same care taken with your important documents can be applied to your personal videos and photos.
- Map where your valuable items are stored in your home in case you have to collect them quickly.
- Take photos of any important household items, particularly those that are insured. Store the photos in a secure place, with copies in your kit, to assist with any insurance claims after the emergency.

What's in your survival kit?

Every home or individual emergency survival kit will be different. Here are some ideas for items to include in your kit.

Customise your kit to best fit your needs.

